

Final Entries - Athletes List by event

31st SPAR European Cross Country Championships 2025, Lagoa (POR)

Tot. Number of countries	Tot. Number of athletes	Tot. Number of Men	Tot. Number of Women
37	582 + 58 (R)	308 + 31 (R)	274 + 27 (R)

FINAL ENTRIES

Cross Country Senior Race Men		Num. of countries: 32		Num. of athletes: 93 + 5 (R)	
Member Federation	Surname	First Name	DoB	PB	SB
ALB	KËLLEZI	Ilir	08/07/1988		
ART	TAHIR	Seyfu Jamaal	05/11/2000		
AUT	TOBLER	Marcel	13/09/2001		
BEL	COLLARD	Arnaud	18/02/2000		
BEL	GRIMARD	Guillaume	18/02/1999		
BEL	HEYMANS	John	09/01/1998		
BEL	VERHEYDEN	Ruben	22/12/2000		
BUL	ANDREEV	Ivan	20/07/2001		
CYP	TOFI	Giorgos	27/10/1991		
CZE	KOVÁŘ	Jáchym	25/05/1996		
DEN	BJØRNSSEN	Andreas Bock	06/05/2000		
DEN	JOHANSEN	Christoffer Frost	14/01/1997		
DEN	NEDERGAARD	Anders	20/09/2001		
DEN	SHIFRIS	Elias Ariel Aarestrup	20/06/2002		
DEN	STENGAARD	Jacob	29/08/1994		
ESP (R)	AOUINA EL KARBOUBI	Yahya	17/07/1996		
ESP	ARCE	Daniel	22/04/1992		
ESP	FIFA	Ilias	16/05/1989		
ESP	LAS HERAS	Aarón	22/06/2000		
ESP (R)	MARTÍNEZ	Miguel Angel	22/05/2002		
ESP	MECHAAL	Said	23/05/1998		
ESP	NDIKUMWENAYO	Thierry	26/03/1997		
ESP	OUKHELFEN	Abdessamad	18/12/1998		
EST	HUSSAR	Karel	18/06/1995		
FIN	HEIKKILÄ	Tuomas	08/02/1998		
FIN	KEKKI	Ossi	29/10/1993		
FIN	MUUSE	Mustafe	04/08/2001		
FRA	BEDARD	Simon	03/01/1997		
FRA	BRESC	Valentin	27/05/2001		
FRA	GRESSIER	Jimmy	04/05/1997		
FRA	HAY	Hugo	28/03/1997		
FRA	LE BARON	Luc	05/02/2002		
FRA	PALCAU	Fabien	22/06/1997		
FRA (R)	VITRE	Nicolas	06/11/1998		
GBR	BEATTIE	Scott	04/12/1998		
GBR	CANN	Jacob	22/12/2000		
GBR	HUDSON	Joe	15/06/2001		

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Member Federation	Surname	First Name	DoB	PB	SB
GBR	JOHNSON	Calum	01/07/1994		
GBR	LEONARD	Rory	13/02/2001		
GBR (R)	REES	Logan	23/02/1997		
GBR	SLADE	Richard	19/02/1999		
GER	GÖRGER	Markus	12/01/1998		
GER	JÄGER	Nick	22/08/1999		
GIB	BLAGG	Richard	03/11/1988		
GIB	JEFFRIES-MOR	Andrew Lee	24/09/1988		
GIB	MACEDO	Philip	09/04/1984		
GIB	REEVES	Benjamin James	11/11/1988		
GIB	THOMPSON	Colin Mark	23/02/1991		
GIB	TURNOCK	Maurice	04/05/1974		
IRL (R)	ARMSTRONG	Hugh	20/09/1994		
IRL	DALTON	Cormac	01/09/1998		
IRL	FAY	Brian	09/11/1998		
IRL	GIDEY	Efrem	03/09/2000		
IRL	MCELHINNEY	Darragh	09/11/2000		
IRL	O'LEARY	Jack	04/11/1997		
ISR	AYELE	Derebe	10/03/2002		
ISR	GUADIA	Adisu	11/09/2002		
ISR	IVRI	Matan	26/05/2002		
ITA	ALFIERI	Luca	31/10/2000		
ITA	BOUIH	Yassin	24/11/1996		
ITA	CHIAPPINELLI	Yohanes	18/08/1997		
ITA	GASMI	Abderrazzak	08/03/2001		
ITA	GATTO	Giovanni	10/10/1999		
ITA	ZOGLAMI	Osama	19/06/1994		
LAT	BOGDANOV	Nikita	02/12/2002		
LAT	MEDVEDS	Artūrs Niklāvs	17/11/1999		
LTU	BERTAŠIUS	Simas	31/10/1993		
LUX	FOLEY	Niall	28/05/2001		
LUX	QUERINJEAN	Ruben	22/12/2001		
MLT	MICALLEF	Luke	25/11/1989		
NED	FOKKENROOD	Jesse	28/03/2002		
NED	LEMMINK	Nik	21/09/1998		
NOR	BOUTERA	Jacob	29/04/1996		
NOR	BURAS	Ibrahim	21/08/2001		
NOR	FLAK	Mathias	26/05/1999		
NOR	INGEBRIGTSEN	Filip	20/04/1993		
NOR	MYHRE	Magnus Tuv	15/06/2000		
POL	BISKUP	Marcin	28/12/1999		
POR	AMARO	João	18/05/2002		

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POR	BARROS	Etson	16/03/2001		
POR	FIGUEIREDO	Alexandre	04/10/1999		
POR	MOREIRA	Miguel	24/11/2000		
POR	PINTO	José Carlos	03/05/1997		
POR	PINTO	Rui	18/11/1992		
SLO	KOKALJ	Jan	08/07/1997		
SLO	VILHAR	Klemen	05/02/1998		
SUI	LE GUEN	Morgan	12/09/1993		
SUI	LOBALU	Dominic Lokinyomo	16/08/1998		
SUI	RAESS	Jonas	08/03/1994		
SVK	ĐUREC	Peter	12/09/1992		
SWE	DJURBERG	Axel	20/09/1999		
SWE	LÖFQVIST	Oliver	05/05/1998		
SWE	SUNDSTRÖM	Simon	04/02/1998		
TUR	ASLANHAN	Ayetullah	01/01/2001		
TUR	ÇAĞIRAN	Abdulhalik	15/09/2002		
TUR	DEMİRTAŞ	Azat	01/04/2002		
TUR	TEKAL	Ersin	30/08/1995		
UKR	ATAMANIUK	Andrii	08/05/2002		

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Cross Country U20 Race Under 20 Men		Num. of countries: 29		Num. of athletes: 105 + 10 (R)	
Member Federation	Surname	First Name	DoB	PB	SB
ARM	MUSAELYAN	Arame	24/05/2008		
BEL	DRUEZ	Ilyes	18/03/2008		
BEL (R)	PALM	Romain			
BEL	RENDERS	Willem	07/02/2007		
BEL	SERRANO	Sem	03/02/2006		
BEL	VERMEULEN	Elliot	28/04/2006		
BUL	PANCHEV	Pancho	23/11/2007		
CZE	ČERVINKA	Adam	18/03/2007		
DEN	BRÆMER NYGAARD	Sebastian	15/11/2006		
DEN	JOKUMSEN	Niels Elton	29/06/2007		
DEN	SMED GRØNKJÆR	Sebastian	07/06/2008		
DEN	THØGERSEN	William	06/04/2008		
ESP	ARAMENDI	Ander	09/01/2006		
ESP (R)	BARRIOS	Kuma Samuel	04/10/2007		
ESP (R)	DE LA VIUDA	Alejandro	19/05/2007		
ESP	GAITAN	Oscar	20/01/2006		
ESP	IBAÑEZ	Alejandro	15/09/2007		
ESP	LARA	Andres	23/06/2006		
ESP	PALENCIA	Mario	27/11/2006		
ESP	SANCHEZ	Guillermo	02/04/2006		
FIN	AHLFORS	Aleksi	09/04/2007		
FIN (R)	HYRYLÄINEN	Juho	03/03/2006		
FIN	KOTILAINEN	Eden	02/10/2007		
FIN	RAJANIEMI	Leo	04/03/2009		
FRA	ABRAHAM	Alois	25/07/2008		
FRA	DUNET	Yonis	2006		
FRA	LANNUZEL	Paul-Mathieu	2006		
FRA	LE BARON	Come	29/08/2006		
FRA (R)	PUYDEBOIS	Antoine	28/01/2006		
FRA	REMER MANCINI	Leni	19/10/2007		
GBR (R)	BUSFIELD	Ewan	20/04/2007		
GBR	CLARK	Michael	15/07/2008		
GBR (R)	DUNHAM	Luke	03/02/2008		
GBR	HUGHES	Jonson	11/03/2007		
GBR	LENNON	Alex	28/04/2008		
GBR	MIELL-INGRAM	Quinn	21/05/2006		
GBR	RABJOHNS	William Sean	11/02/2006		
GBR	WATERWORTH	Miles	02/02/2006		
GER	DAHLMAYER	Christopher	26/09/2006		

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Member Federation	Surname	First Name	DoB	PB	SB
GER (R)	MAYR	Moritz	29/07/2006		
GER	RIEBE	Lenny Fred	06/05/2006		
GER	SAVEUR	Levin	11/09/2007		
GER	SCHELLER	David	10/07/2006		
GER	TEUBER	Lewe	2006		
GIB	CANT	Finley	08/09/2007		
HUN	KALÁSZ	Bertold	28/03/2007		
HUN	SZABÓ	Benjámín	20/10/2006		
HUN	SZIRBEK	Albert	23/06/2006		
IRL	BRESLIN	Tom	16/11/2006		
IRL	DIVER	Finn	05/07/2006		
IRL	DIXON	Cormac	18/01/2006		
IRL (R)	FLEMING	Tom			
IRL (R)	GLEESON	Cillian	15/02/2007		
IRL	HARRIS	Noah	30/05/2007		
IRL	MCFADDEN	Caolan	06/05/2007		
ISR	HENZEL	Arbel	22/01/2008		
ISR	OCHMAN	Aviv	04/08/2009		
ITA	BELLILLO	Giacomo	18/11/2006		
ITA	BORROMINI	Vittore Simone	18/08/2007		
ITA	GIARDIELLO	Federico	2009		
ITA	RICCI	Enrico	15/04/2006		
ITA	SANTANGELO	Alessandro	28/01/2008		
ITA	TURRIN	Luigi Alessio	08/04/2006		
LAT	DZOSENS	Ralfs	03/09/2007		
LAT	KUDLIS	Kristers	25/11/2006		
LAT	SITNIKS	Rihards	24/03/2007		
LAT	VANADZIŅŠ	Rūdolf	05/10/2007		
LUX	PECHON	Damien	2008		
LUX	STOFFEL	Poli	2006		
NED	WIERSMA	Jochem	12/11/2006		
NOR	BRÅTHEN BØRVE	Kristian	08/12/2006		
NOR	BUNCIC	Lukas	27/12/2007		
NOR	MOE BERG	Håkon	26/06/2006		
NOR	ØYEN	Magnus	26/04/2007		
NOR	TESFALEM TEWELDE	Nahom	04/08/2006		
POL	ABRAMCZYK	Jakub	21/01/2006		
POL	GULBINOWICZ	Antoni	06/03/2007		
POL	JAROSZ	Antoni	14/02/2007		
POL	OKRUCIŃSKI	Aleksander	03/07/2008		
POR	ALEMÃO	Afonso	10/07/2007		
POR	BOAS	Duarte Vilas	08/09/2007		

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Member Federation	Surname	First Name	DoB	PB	SB
POR	DOS SANTOS	Manuel	18/04/2006		
POR	JORGE	Tiago	23/11/2006		
POR	MACHADO	Tiago	17/01/2006		
POR	OLIVEIRA	Leonardo	04/05/2007		
ROU	MARGASOIU	Tudor Mihai	16/09/2008		
ROU	ŞAVLOVSCHI	Mihai-Alin	22/08/2006		
ROU	ŞTEFAN	Lucian Florin	11/04/2006		
SLO	CMOK	Filip	23/05/2006		
SLO	DJAIP	Tjaž	15/10/2007		
SLO	MIHALIČ	Lenart	20/01/2008		
SLO	OGRINC	Žan	21/07/2006		
SLO	VERNEKER	Žiga	2006		
SRB	ĆATOVIĆ	Aldin	06/04/2007		
SUI	BERGER	Loïc	24/02/2006		
SUI	BEUTLER	Jonas	09/04/2009		
SUI	BROGGINI	Anton	2006		
SUI	BÜHRER	Matthieu	24/05/2006		
SUI	POPEA	Théotime	02/05/2008		
SUI	WITTEVEEN	Hugo	26/08/2008		
SVK	HULKA	Alex	01/08/2006		
SVK	IVANČÍK	Dominik	09/04/2008		
SVK	JANČÍK	Filip	23/01/2006		
SWE	LÖRSTAD	Sebastian	17/04/2008		
SWE	NEDERHEIM	Erik	22/05/2006		
SWE	OTTFALK	Karl	03/01/2006		
SWE	STAGH	Sebastian	05/02/2008		
TUR	ÇİÇEK	Atakan Enes	01/09/2009		
TUR	KARA	Kiyasettin	08/08/2006		
TUR	ÖZKAN	Azat	16/01/2006		
TUR	TUNÇ	Ali	01/01/2006		
UKR	HESKO	Taras	12/10/2007		
UKR	LYSENKO	Denys	04/01/2007		
UKR	MATKOVSKYI	Rostyslav	19/12/2007		
UKR	RYBKA	Artem	27/07/2006		

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Cross Country U23 Race Under 23 Men		Num. of countries: 25		Num. of athletes: 76 + 8 (R)	
Member Federation	Surname	First Name	DoB	PB	SB
AUT	KAMENSCHAK	Kevin	18/01/2004		
BEL (R)	GEVAERT	Tristan	16/01/2004		
BEL	JEUKENNE	Simon	14/09/2005		
BEL	KONTEH	Noah	24/08/2003		
BEL	LIEVENS	Casper	19/02/2004		
BEL	LIEVENS	Mathis	19/02/2004		
BUL	BOZHILOV	Alexander	26/08/2005		
BUL	RASHKOV	Stanislav	06/10/2003		
DEN	BENDSEN	Gustav	29/03/2003		
DEN	BERTELSEN	Joakim	03/02/2004		
DEN	LILLESØ	Joel Ibler	17/11/2003		
ESP	ESCAMILLA	Mesfin	19/11/2005		
ESP	LEONARDO	Rubén	15/02/2004		
ESP (R)	LORÉ	Eric	08/08/2003		
ESP	MARTÍN	Ciro	25/02/2003		
ESP	MIGALLON	Jaime	22/03/2003		
ESP (R)	MONREAL	Mario	05/06/2003		
ESP	SEGUROLA	Martín	01/07/2003		
ESP	VIVES	Aleix	27/09/2004		
EST	SIHT	Morten	03/08/2004		
FIN	KAUPPINEN	Mikko	03/02/2003		
FRA	BOUDY	Pierre	09/08/2004		
FRA	DAHMANI	Ishak	03/03/2005		
FRA	LAGTIY CHAODAR	Anas	17/01/2004		
FRA	RADJA	Aurélien	31/03/2004		
FRA (R)	ROHMER	Gaston	27/12/2005		
FRA	THEBAUD	Oscar	07/07/2004		
GBR (R)	AITKEN	William	12/07/2003		
GBR	BARNICOAT	Will	24/03/2003		
GBR	CONNELL	Jenson	10/07/2003		
GBR (R)	CONWAY	Oliver	16/06/2005		
GBR	DOYE	Joel	19/09/2003		
GBR	HODGSON	Sam	20/01/2004		
GBR	PROFFITT	Finley	30/04/2003		
GBR	RAMSDEN	Matthew	07/07/2003		
GER	DIETERICH	Jakob	13/03/2005		
GER	LAUER	Kurt	30/10/2003		
GER	MÜLLER	Robin	12/06/2003		
GER	ZAHLTEN	Silas	23/09/2004		

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Cross Country U23 Race Under 23 Men		Num. of countries: 25		Num. of athletes: 76 + 8 (R)	
Member Federation	Surname	First Name	DoB	PB	SB
HUN	KARSAI	Gábor	04/03/2004		
IRL (R)	CASEY	Dean	26/07/2003		
IRL	GRIGGS	Nicholas	18/12/2004		
IRL (R)	HANRAHAN	Mark	23/01/2003		
IRL	MALLON	Lughaidh	28/10/2005		
IRL	MORGAN	Callum	18/06/2003		
IRL	MURPHY	Niall	26/10/2004		
IRL	STAFFORD	Jonas	03/02/2005		
ITA	BARDEA	Matteo	20/04/2003		
ITA	CORNALI	Nicolò	30/01/2003		
ITA	GERBETI	Amorin	2005		
ITA	MAGGI	Konjoneh	31/12/2003		
ITA	MARAZZOLI	Mattia	04/12/2003		
ITA	ROPELATO	Francesco	25/02/2005		
LAT	GRĪNIŅŠ	Lauris	02/09/2003		
LTU	ČERNIAVSKI	Erik	13/02/2004		
LTU	MONTVILAS	Mikas	28/09/2003		
MLT	FARRUGIA	Gabriel	24/11/2004		
NED	HOUWAARD	Nathan	26/11/2005		
NED	NILLESSEN	Stefan	02/01/2003		
NED	TER HAAR	Teun	21/03/2003		
NED	ZIJDERLAAN	Juan	27/09/2005		
NOR	FARBU-SOLBAKKEN	Vetle	25/09/2003		
NOR	FJELD HALVORSEN	Andreas	14/09/2005		
NOR	VESTERHAUG WARNES	Vegard	16/05/2003		
POL	BAJORSKI	Adam	11/09/2004		
POL	GAJDA	Kuba	05/05/2005		
POL	LACHOWSKI	Maciej	27/10/2005		
POL	MEGIER	Maciej	26/04/2003		
POR	FREITAS	Rodrigo	10/07/2004		
POR	LUCAS	Alexandre	03/02/2005		
POR	MONTEIRO	Leandro	27/07/2003		
POR	RODRIGUES	Lourenço	02/02/2004		
POR	SANTOS	Duarte	24/07/2003		
POR	SANTOS	João	03/11/2004		
SLO	KERIN	Nil	22/07/2003		
SLO	PELKO	Tjaš	2005		
SUI	FREITAG	Nino	09/10/2004		
SUI	HOFER	Jonathan	22/04/2003		
SWE	GRAHN	Jonathan	30/12/2004		
TUR	BOZDAĞ	Ömer Faruk	01/09/2004		
TUR	ERGÜVEN	Diyar	13/11/2004		

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TUR	ÖZCAN	Cuma	15/07/2005		
TUR	YAZICI	Enbiya	25/09/2003		
UKR	PYSAREV	Aleksii	17/03/2003		

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Cross Country Senior Race Women		Num. of countries: 25		Num. of athletes: 71 + 8 (R)	
Member Federation	Surname	First Name	DoB	PB	SB
ART	ABAROGÉ	Farida	01/01/1994		
BEL	HERBIET	Chloé	03/12/1998		
BEL	ROOMS	Lisa	17/06/1996		
BEL (R)	VAN HESE	Charlotte	27/11/1995		
BEL	VAN LENT	Jana	22/04/2001		
BEL	WARPY	Victoria	06/06/1997		
BUL	AVRAMOVA	Devora	01/03/2000		
CZE	HROCHOVÁ	Tereza	24/02/1996		
DEN	BOVÉ	Nanna	25/04/1995		
DEN	HOLM JØRGENSEN	Anna	29/12/1987		
DEN	MØLLER	Anna Emilie	28/07/1997		
DEN	THESTRUP	Josephine	25/11/1996		
ESP (R)	AIT ALIBOU	Naima	29/06/1999		
ESP	BARREIRO	Isabel	26/04/1999		
ESP	GALLARDO	Carla	09/02/1999		
ESP (R)	LUENGO	Laura	18/08/1997		
ESP	MAAYOUF	Majida	27/04/1989		
ESP	PRIETO	Idaira	17/08/1997		
ESP	ROBLES	Carolina	04/12/1991		
ESP	VICIOSA	Angela	29/05/2002		
EST	HUSSAR	Liis-Grete	14/01/1992		
FRA	BOUCHARD	Marie	07/12/1993		
FRA (R)	DE LA BIGNE	Philippine	29/03/1998		
FRA	GUILLEMOT	Agathe	11/07/1999		
FRA	GUILLONNET	Anaëlle	19/09/2000		
FRA	TABET	Célia	29/08/1999		
FRA	ZARBO	Alessia	11/09/2001		
GBR	ANDERSON	Phoebe	23/06/2002		
GBR	DONNELLY	Abbie	02/09/1996		
GBR	FRY	Izzy	04/05/2000		
GBR (R)	GIBBON	Jessica	19/08/1996		
GBR	HUGHES	Cari	15/03/1999		
GBR	KEITH	Megan	23/04/2002		
GBR (R)	OCKENDEN	Verity	31/08/1991		
GBR	TANK	Poppy	05/12/1997		
GER	BURKARD	Elena	10/02/1992		
GER	DIETERICH	Eva	29/03/1999		
GRE	ANASTASAKIS	Melissa Chelena	31/03/1998		
HUN	URBÁN	Zita	22/04/2002		

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Member Federation	Surname	First Name	DoB	PB	SB
IRL	ALLEN	Niamh	19/04/1995		
IRL	DONEGAN	Danielle	05/04/2001		
IRL	EVERARD	Fiona	30/09/1998		
IRL (R)	FAGAN	Claire	18/05/1998		
IRL (R)	FLANAGAN	Eilish	02/05/1997		
IRL	HAGGARD-KEARNEY	Emily	10/11/1995		
IRL	MULHARE	Mary	14/02/1993		
ISR	HALABI KABLAN	Karawan	18/01/1995		
ITA	BATTOCLETTI	Nadia	12/04/2000		
ITA	GEMETTO	Valentina	04/02/1998		
ITA	MAJORI	Micol	04/06/1998		
ITA	PALMERO	Elisa	10/07/1999		
ITA	REINA	Nicole Svetlana	25/09/1997		
ITA	ZANNE	Federica	14/08/1997		
LTU	ŽUSINAITĖ-NEKRIOŠIENĖ	Vaida	13/01/1988		
NED	BAKKER	Veerle	29/09/1997		
NED	MAATOUG	Amina	17/11/2002		
NED	VAN DEN BERG	Emmy	05/10/2002		
NED	VAN ES	Diane	22/03/1999		
NOR	ENGDAHL	Selma	20/12/2001		
NOR	MARIDAL	Hanne Andersen	21/09/1996		
NOR	MODIN ENGESÆTH	Andrea	06/07/2001		
POL	BREZA	Olimpia	14/02/2002		
POR	CARVALHO	Joana Vanessa	04/11/1991		
POR	DIAS	Neide	11/08/1987		
POR	FERREIRA	Ana Mafalda	22/04/1988		
POR	MACHADO	Mariana	12/11/2000		
POR	SILVA	Mónica	10/04/2000		
POR	TABORDA	Laura	01/01/1999		
SUI	WOLHAUSER	Romane	30/07/2002		
SVK	PÁLENÍKOVÁ	Veronika	26/07/1996		
SWE	HENRIKSSON	Evelina	01/12/1999		
SWE	LAHTI	Sarah	18/02/1995		
TUR	CAN	Yasemin	11/12/1996		
TUR	ÇETO	Nursena	01/05/2002		
TUR	KUNUR	Derya	01/09/1999		
TUR	TEK	Ruken	01/05/2001		
TUR	YILDIRIM	Bahar	01/10/1998		
UKR	CHERESHNYOVSKA	Ivanna	01/10/2001		
UKR	SHKURKO	Viktoriia	25/12/1997		

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FINAL ENTRIES

Cross Country U20 Race Under 20 Women		Num. of countries: 25		Num. of athletes: 97 + 8 (R)	
Member Federation	Surname	First Name	DoB	PB	SB
AUT	SCHMID	Tabea	16/02/2006		
BEL	BYL	Clémentine	19/09/2008		
BEL	JACQUES	Noor	06/03/2006		
BEL (R)	PAULUSSEN	Fien	14/10/2006		
BEL	VERDONCK	Kyra	19/02/2007		
BEL	VERRIJCKEN	Laure			
BUL	ATANASOVA	Anika	30/01/2006		
BUL	ENI	Pamela	28/09/2007		
CZE	BŘÍZOVÁ	Veronika	02/10/2009		
CZE	ŠOUKALOVÁ	Vendula	08/10/2006		
CZE	ŠTEFANOVÁ	Adéla	2007		
CZE	VÍTKOVÁ	Hana	13/10/2007		
ESP	BUENAVIDA	Andrea	08/06/2006		
ESP (R)	EL KHOUYA	Marwa	11/05/2006		
ESP (R)	FERRARA	Carla	08/10/2007		
ESP	GONZALEZ	Sandra	16/10/2007		
ESP	GUTIERREZ	Claudia	17/06/2007		
ESP	HERAULT	Ines	08/04/2006		
ESP	ROLLI	Mara	19/04/2007		
ESP	VICIOSA	María	03/11/2006		
EST	KAPTEN	Liis	23/02/2006		
FRA (R)	ADAM	Amelie	2006		
FRA	BAILLY	Louise	2006		
FRA	FERRARI	Paloma	07/11/2006		
FRA	MOURABIT	Lamia	20/09/2007		
FRA	PATUREL	Lucie	30/11/2006		
FRA	PORENTU	Laly	23/04/2007		
GBR (R)	BELLWOOD	Maisey	25/03/2008		
GBR	FITZGERALD	Innes	06/04/2006		
GBR	HOLT	Isabel			
GBR (R)	JAMES	Ava	22/07/2008		
GBR	LEWIS	Beth	22/09/2009		
GBR	NICHOLSON	Eliza	29/05/2007		
GBR	REDMOND	Zara			
GBR	WELLSTED	Lizzie	31/05/2006		
GER	DREXLER	Franziska	14/06/2006		
GER	EHRLE	Julia	12/08/2007		
GER (R)	EWERT	Johanna	16/06/2006		
GER	JUNGINGER	Emily	03/08/2006		

Final Entries - Athletes List by event

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Member Federation	Surname	First Name	DoB	PB	SB
GER	LÖSEL	Hannah	09/02/2007		
GER	MILLER	Lera	20/03/2007		
GRE	ROUSSOU	Ioulianna	11/05/2007		
IRL	COONEY	Eimear			
IRL	FOSTER	Lucy	09/05/2006		
IRL	GARDINER	Anna	30/03/2006		
IRL	HICKEY	Emma	2009		
IRL	SMITH	Abby	21/08/2009		
IRL (R)	WALLACE	Aimee			
ISR	BEN DAVID	Naomi	07/09/2006		
ISR	HARRIS	Ayala	24/07/2006		
ISR	YACOBI	Ofri	16/11/2008		
ITA	ALESSANDRINI	Olivia	12/08/2006		
ITA	FERRARI	Licia	22/02/2007		
ITA	FERRARI	Sofia	01/06/2007		
ITA	GHISALBERTI	Martina	2007		
ITA	MIARI FULCIS	Mimosa	2007		
ITA	SIDENIUS	Sofia	29/09/2006		
LAT	OŠIŅA	Austra	25/08/2006		
LAT	VANADZIŅA	Sibilla	05/10/2007		
NED	FALKENA	Evi	2006		
NED	HARLAND	Suzanne	03/05/2009		
NED	LUGTENBERG	Inge	03/08/2006		
NED	MULDERS	Kaate	17/02/2008		
NOR	ABID	Sara Yasmin	06/06/2006		
NOR	ABRAHAM TEFFERA	Venus	04/07/2008		
NOR	NYGÅRD VIE	Andrea	04/07/2006		
NOR	TORBIÖRNSSON	Wilma Bekkemoen	31/05/2007		
POL	CZYŻ	Zuzanna	03/01/2006		
POL	LIEBENTHAL	Julia	09/01/2007		
POL	PIĄTKOWSKA	Oliwia	07/06/2006		
POL	STRZĄBAŁA	Klara	10/05/2007		
POR	CORREIA	Carolina	21/10/2007		
POR	FERNANDES	Stela	19/09/2006		
POR	JESUS	Maria	02/06/2008		
POR	KHVAS	Cátia	20/01/2007		
POR	MOREIRA	Mariana	21/03/2008		
POR	NUNES	Solange	16/05/2006		
ROU	CONSTANTIN	Lenuta	16/11/2007		
ROU	HORLESCU	Andreea Denisa	24/06/2009		
ROU	HUDEA	Alexandra Maria	03/12/2006		
SLO	BALAŽIC	Lara	05/08/2008		

Final Entries - Athletes List by event

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Cross Country U20 Race Under 20 Women		Num. of countries: 25		Num. of athletes: 97 + 8 (R)	
Member Federation	Surname	First Name	DoB	PB	SB
SLO	BEZLAJ	Anja	2008		
SLO	MARKOVIC	Ilvana Fleurine	20/12/2006		
SLO	MOČNIK	Klara	26/03/2007		
SLO	RAJ	Ema Pika	18/10/2008		
SLO	VERNEKER	Ana Vita	03/09/2008		
SRB	MEHMEDOVIĆ	Mejra	29/06/2006		
SUI	AUF DER MAUR	Flurina	02/12/2006		
SUI	COLETTI	Aurina	2009		
SUI	DANNA	Anouk	2008		
SUI	KERBER	Shirin	11/01/2006		
SWE	BJERSTRÖM	Freja	24/07/2007		
SWE	CERNJUL	Carmen	14/06/2007		
SWE	NILSSON	Anastasia	09/01/2006		
SWE	SÖDERLUND LARSSON	Majken	26/06/2007		
SWE	STRAND	Hanna	2009		
SWE	SZALKAI	Fanny	08/10/2008		
TUR	AKÇIÇEK	Elif	13/09/2008		
TUR	BOYRAZ	Döndü Kübra	22/05/2007		
TUR	EFE	Havva	20/07/2006		
TUR	KÖSEOĞLU	Elif Naz	24/03/2007		
TUR	YAĞIZ	Edibe	20/01/2006		
UKR	DUBENETS	Daria	28/05/2007		
UKR	HORDIICHUK	Sofiia	04/04/2006		
UKR	PRAVETSKA	Olha	22/07/2006		

Final Entries - Athletes List by event

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FINAL ENTRIES

Cross Country U23 Race Under 23 Women		Num. of countries: 24		Num. of athletes: 73 + 7 (R)	
Member Federation	Surname	First Name	DoB	PB	SB
AUT	BAUER	Nicole	27/10/2004		
BEL	D'HAENE	Emma	03/01/2003		
BEL	ENKELS	Hannah	01/02/2005		
BEL	PAUWELYN	Yana	02/12/2003		
BEL (R)	PENNEMAN	Charlotte	30/05/2005		
BEL	VOET	Julie	22/11/2003		
BUL	GROZDANOVA	Svetlozara	19/09/2005		
CZE	GIESELOVÁ	Iva	20/03/2004		
DEN	THØGERSEN	Sofia	06/07/2005		
ESP	ARNEDILLO	Mireya	28/03/2003		
ESP	BLANCO	Jimena	24/08/2004		
ESP	ESSOUBAI	Jihad	09/12/2003		
ESP	FORERO	Maria	24/03/2003		
ESP	GARRIDO	Rocio	04/09/2003		
ESP (R)	LAS HERAS	Clara	11/04/2003		
ESP	SERRANO	Marta	05/04/2003		
ESP (R)	TOMAS	Ambar	07/10/2004		
EST	OLL	Kaisa-Maria	04/06/2005		
FIN	MONONEN	Ilona	18/12/2003		
FRA	CLÉMENT	Nélie	10/02/2003		
FRA (R)	DAJOUX	Margot	19/04/2005		
FRA	DARCY	Lola	28/11/2004		
FRA	DAVID-SMITH	Julia	24/01/2003		
FRA	LE CORRE	Jade	20/10/2005		
FRA	PLACE	Camille	13/07/2003		
GBR	BARWELL	India	04/03/2005		
GBR	FLAHERTY	Rebecca	28/12/2005		
GBR	HARRIS	Megan	29/06/2004		
GBR	PARKER	Emily	11/08/2004		
GBR	WALDMANN	Mia	22/10/2003		
GBR (R)	WEIGHTMAN	Aimi			
GBR	WOOD	Beatrice	09/10/2003		
GBR (R)	WOOD	Jasmine	2003		
GER	HEYMANN	Nele	24/09/2003		
GER	MERKEL	Lisa	20/01/2003		
GER	SCHLATTMANN	Pia	22/09/2004		
GER	WEIS	Kira	16/03/2004		
IRL (R)	FOSTER	Kirsti	08/03/2005		
IRL	GREENE	Amy	20/05/2004		

Final Entries - Athletes List by event

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Cross Country U23 Race Under 23 Women		Num. of countries: 24		Num. of athletes: 73 + 7 (R)	
Member Federation	Surname	First Name	DoB	PB	SB
IRL	MAHER	Kirsty	27/07/2005		
IRL	O'CONNOR	Ava	19/09/2003		
IRL	ROBERTS	Roise	10/02/2004		
IRL	THOMPSON	Anika	22/02/2003		
ITA	ARNOLDO	Lucia	21/09/2005		
ITA	FRACASSINI	Melissa	20/10/2003		
ITA	FRAQUELLI	Carolina	22/08/2004		
ITA	MUNARETTO	Chiara	11/11/2005		
ITA	RIBIGINI	Elena	25/01/2005		
ITA	RIBIGINI	Laura	25/01/2005		
ITA	SETTINO	Greta	12/07/2003		
LAT	PETROVA	Alise	12/06/2005		
LTU	BLIUJŪTE	Karolina	04/02/2004		
LTU	VIŠNEVSKYTĖ	Eleonora	03/06/2005		
NED	GRIEP	Marit	09/11/2004		
NED	KEMPE	Loes	25/05/2005		
NOR	HOVLAND	Marte	23/02/2005		
NOR	KNUTSEN	Thea Charlotte	26/09/2004		
NOR	ØSTGÅRD	Ingeborg	05/10/2003		
POL	DOMŹALSKA	Daria	03/01/2005		
POL	KARPIUK	Małgorzata	04/01/2003		
POL	MŁYNARCZYK	Liliana	30/08/2003		
POL	NAPIÓRKOWSKA	Katarzyna	12/09/2004		
POR	AZEVEDO	Beatriz	19/09/2005		
POR	CASTRO	Marta	07/02/2003		
POR	FERNANDES	Diana	11/09/2004		
POR	FIGUEIREDO	Rita	22/07/2003		
POR	MARINHO	Ana	11/10/2003		
POR	RIOS	Beatriz	11/02/2003		
ROU	SÎRBU	Mădălina-Elena	07/05/2003		
SUI	HOFSTETTER	Ronja	29/01/2003		
SUI	MÜLLER	Fabienne	01/11/2005		
SWE	DINIS	Liv	03/06/2004		
SWE	KRAFT	Ida	13/05/2005		
SWE	ROSÉN	Julia	07/04/2005		
SWE	SUNDQVIST	Elsa	18/08/2005		
TUR	ALTUNTAŞ	Gamze	06/10/2004		
TUR	BAYIR	Sila	12/02/2004		
TUR	KARAKAYA	Merve	10/02/2004		
TUR	MAYDA	Buse	04/04/2005		
UKR	RACHYNSKA	Uliana	08/07/2003		

Final Entries - Athletes List by event

31st SPAR European Cross Country Championships 2025, Lagoa (POR)

FINAL ENTRIES

Cross Country Relay Mixed		Num. of countries: 15		Num. of athletes: 70 + 13 (R)	
Member Federation	Surname	First Name	DoB	PB	SB
BEL	AUDAH	Ziad	29/06/1998		
BEL	BILO	Laure	22/12/2003		
BEL	BILO	Marie	22/12/2003		
BEL	GRANDJEAN	Lucie	24/04/2003		
BEL (R)	INGHELBRECHT	Timon	18/04/2003		
BEL	LEUNCKENS	Ward	10/11/2000		
BEL	VANDELANNOOTE	Tibaut	11/06/2001		
BUL	BALABANOV	Martin	27/04/2002		
BUL	GEORGIEVA	Lilyana	20/07/2000		
BUL	GEORGIEVA	Silviya	17/08/1999		
BUL	PRODANOV	Martin	16/12/1999		
DEN	HVID	Juliane	08/04/1998		
DEN	JOHANSEN	Christoffer Frost	14/01/1997		
DEN	KJELDSSEN	Markus Kirk	07/01/2001		
DEN	NISSEN	Annemarie	08/07/1994		
DEN	ROSTGAARD JENSEN	Nick	17/06/1991		
DEN	THESTRUP	Josephine	25/11/1996		
ESP	ATTAOUI	Mohamed	26/09/2001		
ESP (R)	FONTES	Ignacio	22/06/1998		
ESP	GARCÍA	Mariano	25/09/1997		
ESP	GUERRERO	Esther	07/02/1990		
ESP (R)	MARTÍNEZ	Marina	13/01/2002		
ESP	MITJANS	Marta	28/12/2006		
ESP (R)	SAEZ	Carlos	27/01/1999		
FRA (R)	DE LA BIGNE	Philippine	29/03/1998		
FRA (R)	DROUIN VIALARD	Gaor	18/12/2001		
FRA	FULCHIRON	Bérénice	17/02/2000		
FRA	GIRARD	Emilie	26/12/2000		
FRA	GOUYETTE	Maël	21/05/1999		
FRA	SENARD	Antoine	02/02/2000		
GBR (R)	BOYEK	Cameron	09/10/1993		
GBR (R)	CALVERT	Sarah	29/06/2001		
GBR (R)	DEMPSEY	Jeremy	17/12/1999		
GBR	DIXON	Holly	23/12/1997		
GBR	ELSON	Callum	31/12/1998		
GBR	HIGGINS	Jack	20/09/2001		
GBR (R)	JONES	Lucy	18/09/1998		
GBR	LLOYD	Ava	13/08/2005		
GER	BÄUERLE	Katja	16/06/2002		

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Cross Country Relay Mixed		Num. of countries: 15		Num. of athletes: 70 + 13 (R)	
Member Federation	Surname	First Name	DoB	PB	SB
GER	COUTELLIER	Vera	11/09/1995		
GER	HEINRICH	Marvin	29/01/1997		
GER	MEISL	Verena	17/05/2001		
GER	MERGENTHALER	Jens	13/06/1997		
GER	TENT	Tobias	04/12/2005		
IRL	COSCORAN	Andrew	18/06/1996		
IRL (R)	GORMLEY	James	03/04/1998		
IRL	MAHER	Eimear	10/08/2003		
IRL	MCPHILLIPS	Cian	07/06/2002		
IRL	NICHOLSON	Laura	29/03/2000		
ITA	ARESE	Pietro	08/10/1999		
ITA	COSTA	Masresha	26/02/2002		
ITA	FRACASSINI	Melissa	20/10/2003		
ITA	PAROLINI	Sebastiano	09/02/1998		
ITA	SABBATINI	Gaia	10/06/1999		
ITA	ZENONI	Marta	09/03/1999		
NED	ABBES	Yasmine	18/02/2002		
NED	PEERIK	Sarah	22/12/2002		
NED	VAN RIEL	Rick	15/02/2002		
NED	VAN RIEL	Robin	30/04/2000		
POL	GRUCHAŁA	Julia	14/05/2004		
POL	KITLIŃSKI	Bartosz	11/06/2004		
POL	KRAWCZYŃSKA	Martyna	21/11/2004		
POL	LEWALSKI	Kacper	07/05/2003		
POR	AFONSO	Salomé	19/11/1997		
POR	AVELINO	Maria Miguel	12/12/2005		
POR	LIMA	Rodrigo	16/05/2003		
POR	NADER	Isaac	17/08/1999		
POR	PEREIRA	Nuno	27/11/2000		
POR	SILVA	Patricia	09/12/1999		
SUI (R)	BUSSY	Wondimu	1995		
SUI	KERBER	Navid	06/06/2003		
SUI	NÄGELI	Lilly	24/05/2003		
SUI	SCHERRER	Chiara	24/01/1996		
SUI (R)	SCLABAS	Delia	08/11/2000		
SUI	ZURFLUH	Silas	19/04/2001		
TUR	ARAS	Mevlüt	01/03/2004		
TUR	ÇELİK	Damla	25/06/1997		
TUR	İSTEK	Recep	01/11/2004		
TUR	TOPTAŞ	Tuğba	11/07/2000		
UKR	CHORNOVOL	Tetiana	21/09/2003		
UKR	DOLYNCHUK	Oksana	05/05/1998		

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Cross Country Relay Mixed		Num. of countries: 15		Num. of athletes: 70 + 13 (R)		
Member Federation	Surname	First Name	DoB	PB	SB	
UKR	LONSKYI	Vadym	31/05/1999			
UKR	NIKOLAICHUK	Dmytrii	20/03/1992			